

# Roan Primary School Menu – November 2023



|                                 | Monday                                                                                                                       | Tuesday                                                                                                                                         | Wednesday                                                                                                                | Thursday                                                                                                                       | Friday                                                                                                                                   |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| <b>30<sup>th</sup> October</b>  | <b>SCHOOL CLOSED</b>                                                                                                         | <b>SCHOOL CLOSED</b>                                                                                                                            | <b>SCHOOL CLOSED</b>                                                                                                     | <b>SCHOOL CLOSED</b>                                                                                                           | Tasty pork sausages with tomato ketchup or gravy, Sweetcorn & spaghetti hoops, chipped potatoes, mashed potato, salad<br><br>Melon Wedge |
| <b>6<sup>th</sup> November</b>  | Beef Bolognese with Garlic Bread<br>Garden Peas & Savoy Cabbage<br>Oven Baked Potato Wedges, Spaghetti<br><br>Chocolate cake | Golden Crumbed Fish Fingers<br>Mini Corn on the Cob & Spaghetti Hoops & Coleslaw<br>Chipped Potatoes, Pasta<br><br>Jelly & Mandarin Oranges     | Chicken Curry & Naan Bread<br>Mashed Potato, Rice<br>Green beans & Sweetcorn<br><br>Cornflake Biscuit                    | Roast of the Day, Stuffing & Rich Gravy<br>Cauliflower Cheese & Baton Carrots<br>Mashed Potato<br><br>Ice Cream Slider & Fruit | Oven Baked Chicken Nuggets<br>Garden Peas & Baked Beans<br>Chipped Potatoes, Jacket Potato, Salad<br><br>Homemade Ginger Biscuit & Fruit |
| <b>13<sup>th</sup> November</b> | Spaghetti Bolognese<br>Batton Carrots & Baked Beans<br>Mashed Potato, salad<br><br>Homemade Ginger Biscuit                   | Classic Margherita Pizza<br>Garden Peas & Coleslaw<br>Chipped Potato<br>Mashed Potato<br><br>Strawberry Jelly, Ice Cream & Fruit                | Chicken Curry & Naan Bread<br>Steamed Broccoli & Sweetcorn<br>Oven Roasted Potato Wedges, Rice<br><br>Banana Yoghurt Pot | Roast Chicken, Stuffing & Rich Gravy<br>Baton Carrots & Savoy Cabbage<br>Mashed Potato<br><br>Chocolate Sponge                 | Hot Dog<br>Garden Peas & Spaghetti Hoops<br>Chipped Potato, Mashed Potato<br><br>Fresh Fruit & Yoghurt                                   |
| <b>20<sup>th</sup> November</b> | Chicken Nuggets & Garden Peas Chipped Potato, Pasta<br><br>Ice Cream                                                         | Spaghetti Bolognese<br>Sweetcorn & Baked Beans<br>Diced Potatoes, Mashed Potatoes, Salad<br><br>Fruit                                           | Chicken Curry & Naan Bread<br>Rice, Salad, Mashed Potato<br><br>Rice Krispie Square & Fruit                              | Roast Turkey, Stuffing & Rich Gravy<br>Cauliflower & Baton Carrots<br>Mashed Potato<br><br>Fruit Muffin                        | Steak burger & Tomato Ketchup<br>Sweetcorn & Salad, Chipped potato, Pasta<br><br>Flakemeal biscuit & Fruit                               |
| <b>27<sup>th</sup> November</b> | Golden Crumbed Fish Fingers<br>Baked beans & Broccoli & Coleslaw, Mashed potato<br><br>Vanilla Artichoke Roll & Peaches      | Beef Meatballs with Italian Tomato & Basil Sauce<br>Garden peas and salad<br>Oven baked potato wedges, pasta<br><br>Shortbread, Custard & Fruit | Chicken Curry & Naan Bread<br>Mini Corn on the Cob<br>Steamed Rice, chipped Potatoes<br><br>Strawberry Jelly & Fruit     | Roast Chicken, Stuffing & Rich Gravy<br>Baton Carrots & tossed salad<br>Mashed potato<br><br>Jam & Coconut Sponge & Custard    | Tasty pork sausages with tomato ketchup or gravy, Sweetcorn & spaghetti hoops, chipped potatoes, mashed potato, salad<br><br>Melon Wedge |

*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*Salad Selection  
Rice Salad,  
Coleslaw  
Sweet Chilli Pasta  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Grated Carrots  
Cucumber  
Diced Red Peppers  
Red Onion  
Radish  
Beetroot*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*

**Menu may be subject to change at short notice depending upon deliveries etc.**

 **School Meals cost £2.60 per day or £13 per week.**  
**Please ensure payment for meals is made on a Monday morning.**