

Roan Primary School Menu – September 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 29 th Aug	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	Roast Breast of Chicken Traditional Stuffing, Peas, Mashed Potato, Gravy Ice Cream in a Tub	Oven Baked Sausage Tossed Salad Baked Beans Potato Mash Chips Rice Krispie Squares & Custard
WEEK 2 5 th Sept	Homemade Margherita Pizza Garden Peas Tossed Salad Herb Diced Potato Mashed Potato Flakemeal Biscuit & Water Melon Slice	Steak Burger Broccoli Florets Carrots Mashed Potato Gravy Muffin Cake & Custard	Fresh Breaded Fish Goujons Baked Beans Sweetcorn Mashed Potato Jelly & Ice Cream Or Fresh Fruit	Roast Breast of Chicken Traditional Stuffing Fresh Diced Carrots Parsnip Oven Roast Potato Mashed Potato, Gravy Frozen Yoghurt & Fruit Pieces	Chicken Nuggets Sweetcorn Mashed Potato Chips Salad Selection Fruit Sponge & Custard
WEEK 3 12 th Sept	Oven Baked Breaded Fish Fingers Baked Beans Salad Selection Mashed Potato Fresh Fruit Or Fresh Yoghurt	Breast of Chicken Curry & Boiled Rice & Naan Bread Sweetcorn Mashed Potato Jelly & Fruit Pieces	Cottage Pie Carrots Diced Turnip Mashed Potato Rice Pudding Or Fresh Yoghurt Or Fresh Fruit	Roast Gammon Fresh Baton Carrots Cauliflower Florets Mashed Potato Oven Roast Potato Gravy Ginger Biscuit & Custard	Oven Baked Sausages Garden Peas Coleslaw Mashed Potato Chips Ice Cream & Fruit Pieces
WEEK 4 19 th Sept	Steak Burger Baked Beans Broccoli Florets Mashed Potato Fresh Fruit Or Fresh Yoghurt	Pasta Bolognaise Fresh Baton Carrot Garden Peas Mashed Potato Eton Mess (Meringue, Fruit & Yoghurt)	Oven Baked Sausage Garden Peas Diced Carrots Mashed Potato Gravy Chocolate Brownie & Custard	Roast Breast of Chicken Traditional Stuffing Broccoli Floret Oven Roast Potatoes Mashed Potato Gravy Fresh Fruit Salad & Jelly	Homemade Margherita Pizza Sweetcorn Salad Selection Chips Ice Cream & Fruit Pieces

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form

