Roan Primary School Menu – November/December 2021



WEEK 1 22 nd November	Monday Spaghetti Bolognaise & Crusty Bread Garden Peas Mashed Potato Egg Sponge with Jam Topping	Tuesday Breaded Fish Fingers Baked Beans Salad Selection Mashed Potato Vanilla Ice Cream	Wednesday Breaded Chicken Goujons Selection of Dipping Sauces Sweetcorn Salad Selection Mashed Potato Yoghurt	Thursday Roast Pork Herb Stuffing Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Rice Krispie Square	Friday Hot Dog Tossed Salad Peas Chips Mashed Potato Oat Biscuit
WEEK 2 29 th November	Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Chocolate Brownie	Shepherd's Pie Garden Peas Mashed Potato Homemade Shortbread Rounds	Fish Fingers Lemon Slice Tartare Sauce Baked Beans, Peas, Sweetcorn, Salad Selection Mashed Potato Strawberry Jelly	Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced carrots/Parsnip Mashed Potatoes Selection of Fruit	Chicken Nuggets Salsa Dip Sweetcorn Salad Selection Chips Baked Potato Frozen Vanilla Yoghurt
WEEK 3 6 th December	Savoury Mince Carrots Broccoli Florets Mashed Potato Chocolate & Orange Egg sponge	Traditional Chicken Goujons Selection of Dipping Sauces Garden Peas Salad Selection Chips Mashed Potato Raspberry Ripple Ice-Cream	Breaded Fish Fingers Baked Beans Mediterranean Roasted Vegetables Mashed Potato Fresh Yoghurt	Roast Turkey Herb Stuffing Gravy Carrots Mashed Potato Homemade Shortbread biscuit	Steak Burger in Bap Selection of Breads Chips Strawberry Mousse
WEEK 4 13 th December	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Lemon Drizzle Cake	Oven Baked Sausages Baked Beans Mixed Salad Mashed Potato Flakemeal Biscuit Fingers	Steak Burger Gravy Fresh Baton Carrots Mashed Potato Chocolate Brownie	CHRISTMAS PARTY DAY More details to follow	Chicken Nuggets Chips sweetcorn Tub of Ice Cream

Breads Milk, Water Fresh Fruit, Yoghurt Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form

